



## README file

### About the data set

**Title:** A mixed methods longitudinal case study exploring the impact of a community-based, brief psychological intervention for men experiencing suicidal crisis.

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**Affiliated Organisation:** James' Place Charity

**Rights Holder for Dataset:** Claire Hanlon

**Year of Publication:** 2024

### Description

#### Abstract

**Background:** Suicide is a leading cause of death among men globally, highlighting the need for acceptable and efficacious suicide prevention. This study explored perceptions of the short- and long-term outcomes and acceptability of the James' Place Model (JPM), a therapeutic intervention delivered within a community-setting for men experiencing suicidal crisis. Also, factors influencing engagement of suicidal men in research were explored.

**Materials and Methods:** A mixed methods longitudinal case study design was used. Quantitative data was collated through baseline, 3- and 6-month follow up questionnaires distributed to 28 men receiving the JPM. Measures of resilience, hope, generalised self-efficacy, self-compassion, loneliness, perceived social support, entrapment, and the 10-item clinical outcome measure were taken, and merged with routine service data. Two semi-structured interviews informed development of case studies exploring men's perceived acceptability and short- and long-term effectiveness of the JPM, and factors relating to suicide research engagement.

**Results:** Descriptive analyses showed mean total scores of entrapment and self-compassion decreased and increased at 3-month follow-up respectively. Mean total scores of entrapment further decreased at 6-month follow-up, while mean scores of self-compassion remained similar to 3-month follow-up. Case studies highlight the perceived acceptability, and short- and long-term outcomes of the JPM suggesting use of the lay your cards on the table component help men to articulate the drivers of their suicidality. Men also discussed continued application of strategies developed during receipt of the JPM long-term including safety planning.

**Conclusion:** JPM is perceived as acceptable among men experiencing suicidal crisis and future work should seek to determine whether its short-term efficacy is sustained long-term.

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**To access the data :**

Please contact [lst\\_research\\_support@ljmu.ac.uk](mailto:lst_research_support@ljmu.ac.uk) to gain access to this dataset . Please tell us , why you want access, project you are working on if applicable , your name and institution , contact details .

**Project and funding information**

Title: A mixed methods longitudinal case study exploring the impact of a community-based, brief psychological intervention for men experiencing suicidal crisis.

Project Start & End Dates: 1<sup>st</sup> December 2020 & 15<sup>th</sup> April 2022

Funder: N/A

**Contents**

Dataset - Spss data file containing demographic data including IMD postcode deprivation category corresponding to high versus low IMD score, marital status and sexual orientation, precipitating and psychological variable data and total scores for all outcomes used within the study analyses.

**Methods**

Questionnaire data.

Note, qualitative data is not available for this study due to ethical reasons. The data generated for the qualitative aspect of this work contains personal information of a sensitive nature and releasing this data would risk identification of study participants.